The

Bethian

nineteen hundred and sixty three

The Class of 1963

presents

THE BETHIAN

Newark Beth Israel Hospital
School of Nursing
Newark, New Jersey

Climb ev'ry mountain,
ford ev'ry stream,
Follow ev'ry rainbow,
till you find your dream!

Dedication

. . . to Our Loving Parents

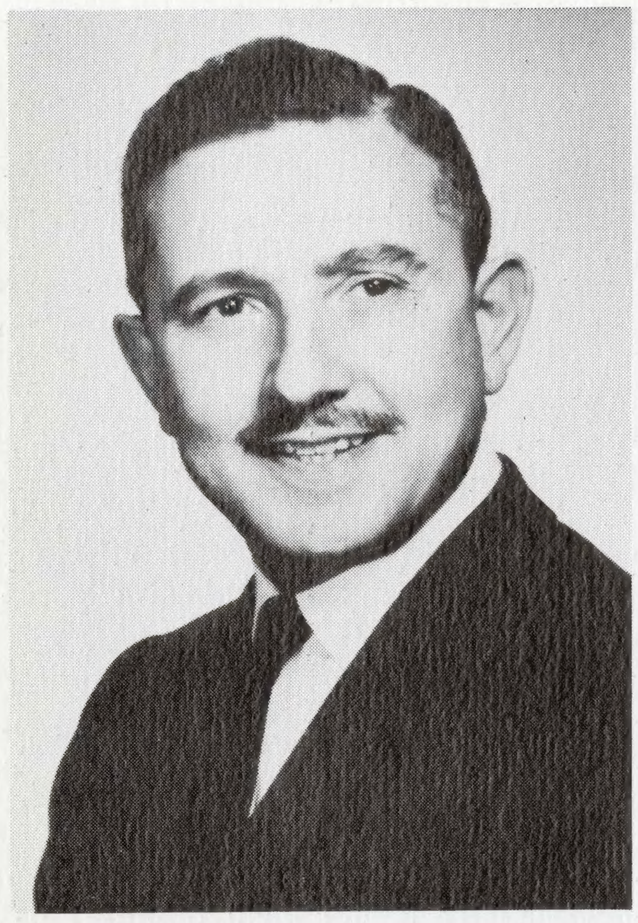
Dear Mom and Dad,

The stretch of years is now long past,
Since I was your baby girl,
The years when you mended a broken doll
Or smoothed down a straying curl.
I've come since then to a woman's place,
To my graduation day.
I am a nurse, and the dream of my childhood hours—
Stands achieved and my heart is gay.
But Mom and Dad, I know I could never have won,
If your love hadn't helped me along.

I, who was always so weak on the way,
You, who were ever so strong.
Your love and your help and your kindly praise,
These followed me through the years.
A million thanks well-up from my heart.
God Bless You—your joy and your tears.
You are my model—You are my ideal.
Yours, ever the love that was true.
God couldn't be with me all of the time,
So he gave me parents—like you.

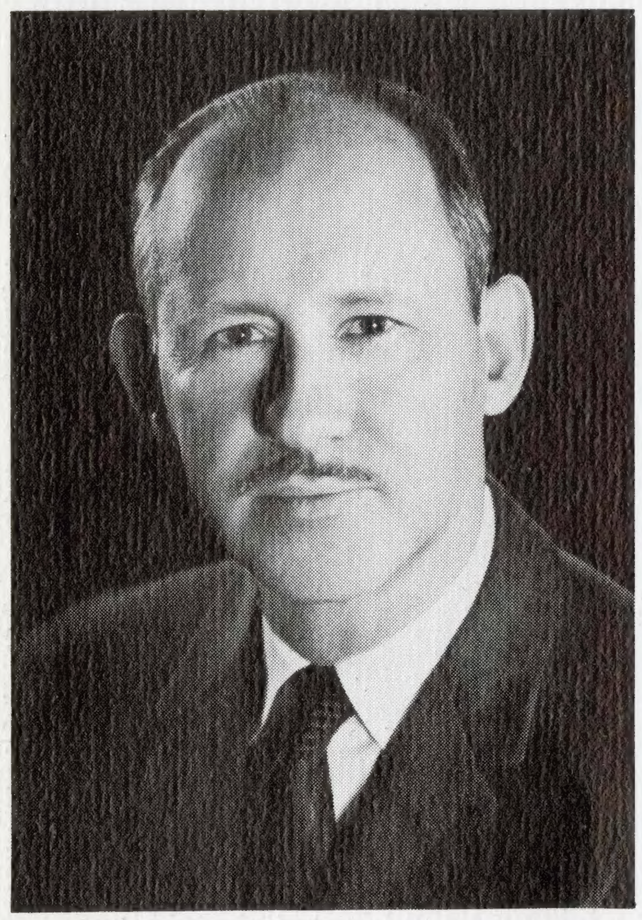
Your loving daughter

Climb ev'ry mountain, search high and low,



DR. JACOB A. ROSENKRANTZ
Director of Hospital

LESTER BORNSTEIN
Assistant Director of Hospital



DR. MEYER KERN
President of Medical Staff

Administration

GILBERT AUGENBLICK
President of Hospital

MARTIN JELIN
Chairman of School of Nursing
Advisory Committee

Follow ev'ry by-way, ev'ry path you know.

FANNIE KATZ, R.N., B.S., M.A.
Director of Nursing
Service and Education

ELZA TURNER, R.N., B.S., M.A.
Assistant Director
of Nursing Service

MARION BROWN, R.N., B.S., M.A.
Assistant Director
of Nursing Education

MRS. SAUL FIRTEL
President of Women's Auxiliary

KATHRYN RAPAPORT, R.N.
President of Newark Beth
Israel Hospital School of
Nursing Alumnae Association

Faculty

RITA CINELLI, R.N., B.S.
Instructor, Biological and Physical Sciences

WINIFRED AMOS, R.N., B.S.
Instructor, Fundamentals of Nursing

EVELYN PERLMAN, R.N., B.S.
Instructor, Medical-Surgical Nursing

BETTY HODGES
Instructor, Nutrition, Diet Therapy
Advisor to the Senior Class

SARAH PATRYLOW, R.N., B.S., M.A.
Instructor, Medical-Surgical Nursing

FACULTY
Not Pictured:

Adelaide Bash, R.N.
Diana Dolgins, R.N.
Joann Swolak, R.N.
Phyllis Cohen, R.N.
Jean Lynn, R.N.
Nancy Egger, R.N.
Sophia Horoszewski, R.N.
Cornelia Monroe
Rae Bachrach, R.N.
Margaret Larkin, M.D.
Ruth Bean, R.N.
Ruth Connelly, R.N.
Rita Tempia, R.N.
Irving Goldberg
Kathryn Smith, R.N.

SUPERVISORS AND HEAD NURSES
Not Pictured:

Ronnie Brainen, R.N.
Night Supervisor

Josephine La Sapio, R.N.
Night Supervisor

Cecile Champagne, R.N.
Inservice Nursing Education

Dorothy Gallant, R.N.
Inservice Nursing Education

Louise Schwartz, R.N.
Out-Patient Department

Georgianna O'Donovan
Operating Room Supervisor

Alice Thompson, R.N.
Female Medical

Lorraine O'Neil
Emergency Room

Catherine Muldrow, R.N.
Pediatrics Supervisor

Lorraine Masker, R.N.
Pediatrics

Sunya Levine, R.N.
5th Floor

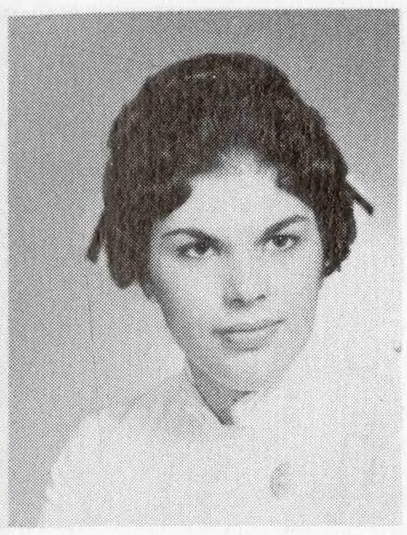
Head Nurses

Waveney Beckles, R.N.
Head Nurse
Female Surgery, 2nd Floor

Lillian Ross, R.N.
Head Nurse—Male Surgery

Maryann D'Elia
Head Nurse—Male Medical

Marie Alemany, R.N.
Head Nurse
Post Partum, 6th Floor



Rae Bachrach, R.N.
Head Nurse
Nursery, 6th Floor

Marilyn Grossman, R.N.
Head Nurse
Post Partum, 8th Floor

Grace Monder, R.N.
Head Nurse—9th Floor

Elsie Tetzloff, R.N.
Head Nurse
Labor and Delivery

Doreen James, R.N.
Head Nurse
Operating Room

Supervisors

Gertrude Williams, R.N.
Supervisor
Central Supply Room

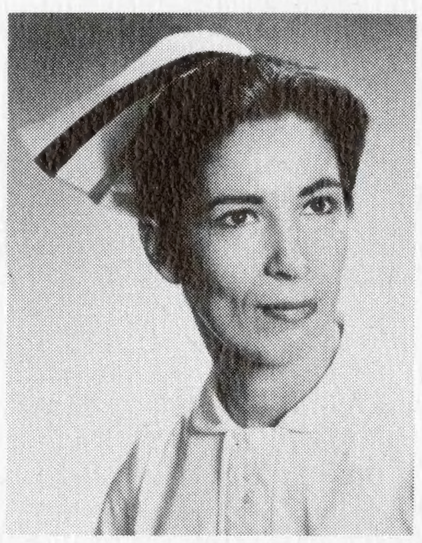
Sophia Morris
Head Dietician

Charlotte Hoeckel
Residence Director

Kathryn Reilly, R.N.
Public Relations Director

Doris Parsonnet, R.N.
Health Supervisor

Naomi Walsh, R.N.
Day Supervisor



Jacqueline Bosner, R.N.
Evening Supervisor

Margaret Jacobus, R.N.
Day Supervisor

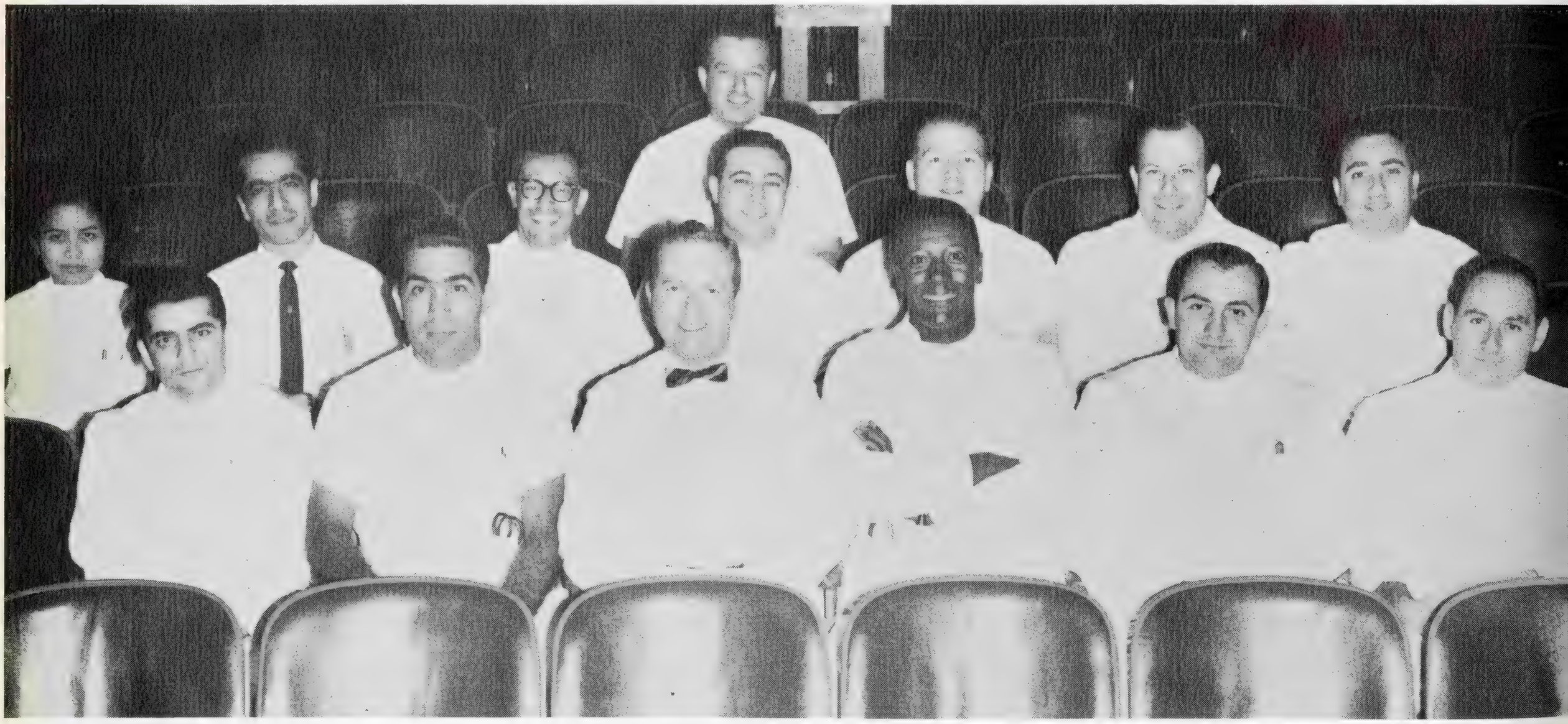
Marie Karpak, R.N.
Evening Supervisor

Helen Dietrick, R.N.
Obstetrical Supervisor

Internes

Front Row: Dr. L. Berkow, Dr. V. Drobner, Dr. A. Meltzer, Dr. H. Gelband, Dr. R. Chopin, Dr. H. Yatvin. *Back Row:* Dr. L. Waldman, Dr. J. Roy, Dr. L. Seitzman, Dr. H. Hertzberg, Dr. W. Bierer, Dr. L. Miller, Dr. J. Szpekman-Zuzel, Dr. K. Davis. *Not Pictured:* Dr. A. Lefkovitz, Dr. P. Davidson.

Residents



Front Row: Dr. J. Sholehvar, Dr. J. Mahdavian, Dr. M. Klausner, Dr. A. Crews, Dr. F. DiMauro, Dr. L. Scheininger. *Second Row:* Dr. I. Pelmoka, Dr. M. Behbehani, Dr. A. Attai, Dr. I. Kolodny, Dr. M. Wallen, Dr. E. Roth, Dr. M. Belsky. *Back Row:* Dr. M. Coven. *Not Pictured:* Dr. A. Nourmand, Dr. H. Stein, Dr. I. Stark.

Doctors Who Taught Us

MAXIM ASA, M.D.

LARI ATTAI, M.D.

MERVIN BINDER, M.D.

EDWARD DIAMOND, M.D.

HARRY EIN, M.D.

A. S. FINKELSTEIN, M.D.

MERVIN FISCHMAN, M.D.

JEROME GELB, M.D.

LAURENCE GILBERT, M.D.

LESTER GOLDMAN, M.D.

WILLIAM KARLIN, M.D.

MAXWELL KLAUSNER, M.D.

ROBERT LIEB, M.D.

MR. STANLEY MENDELSON

LEONARD MORVAY, D.D.S.

VICTOR PARSONNET, M.D.

WALTER RADOS, M.D.

BERNARD ROBINS, M.D.

LOUIS SAVEL, M.D.

JACOB SCHMUKLER, M.D.

HAROLD SCHWARTZ, M.D.

MYRON J. SHAPIRO, M.D.

PHILIP SOLOMON, M.D.

HAROLD SOMBERG, M.D.

MARTIN WORTZEL, M.D.

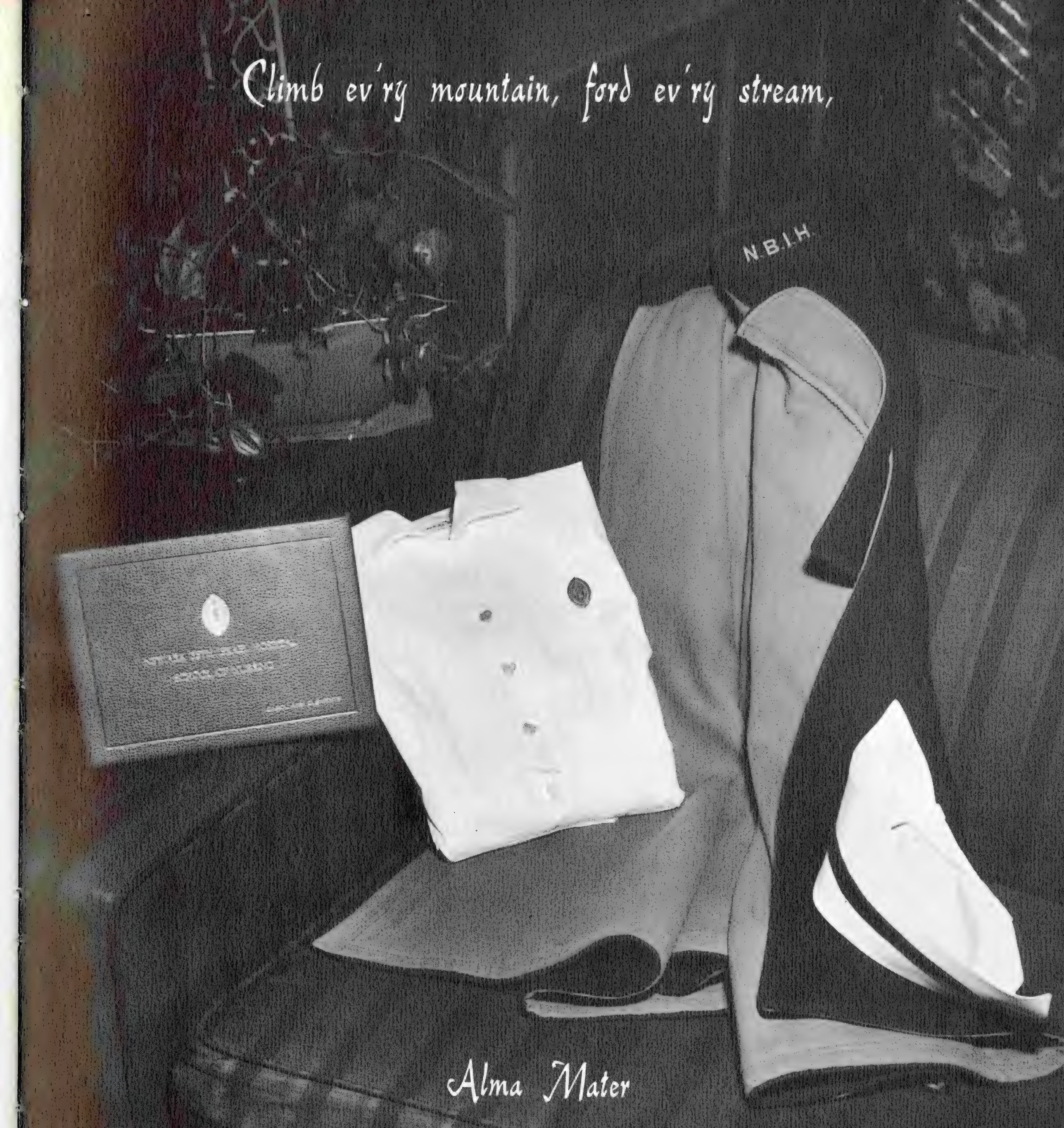
In Appreciation

Rita Cinelli, R.N.

We, the Class of 1963, express our thanks and appreciation to the person who helped make our Yearbook possible.

Thank you Miss Cinelli for all your help and guidance.

Climb ev'ry mountain, ford ev'ry stream,



Alma Mater

Through the darkness brightly shining,
Gleams the torch for which we strive.
Hoping in our humble hearts to keep the cause alive,
Alma Mater we do love thee.
Beth Israel we are grateful,
For the chance to serve mankind, in our way.
Through the darkness brightly shining,
Gleams the eternal light.

Shirley Meggison Alvarez

A merry heart doeth good like a medicine.

Newspaper 1, 2, 3 Chairman Typing 3
Recreation 1, 2, 3 Co-Chairman 2
Recruitment 1, 3
Recording Secretary of
Student Organization 3

Mother's little helper.

Carole Goldblatt Beck

Delicacy in women is strength.

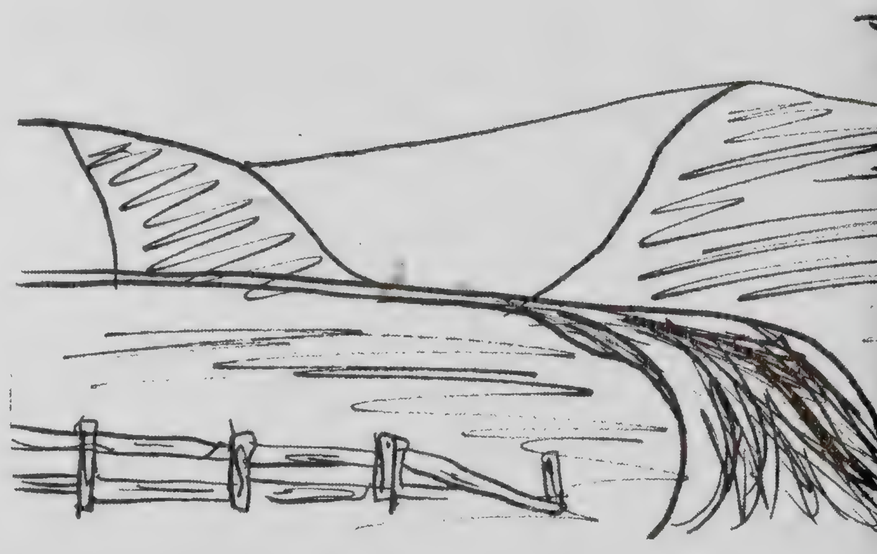
Watchful eyes and mending hands.

Glee Club 1
Art Club 1
Recreation 3
Recruitment 1
Art and Layout of Yearbook 3

Rosalyn Eve Charnoff

Nothing is impossible to a willing heart.

Glee Club 1, 2, 3
Recreation 1, 2
Newspaper 1, 2
Judiciary 3
Photography of Yearbook 3



A therapeutic walk.

Arlene Chernoff

But heaven will protect the working girl.

Brings a smile to the youngsters.

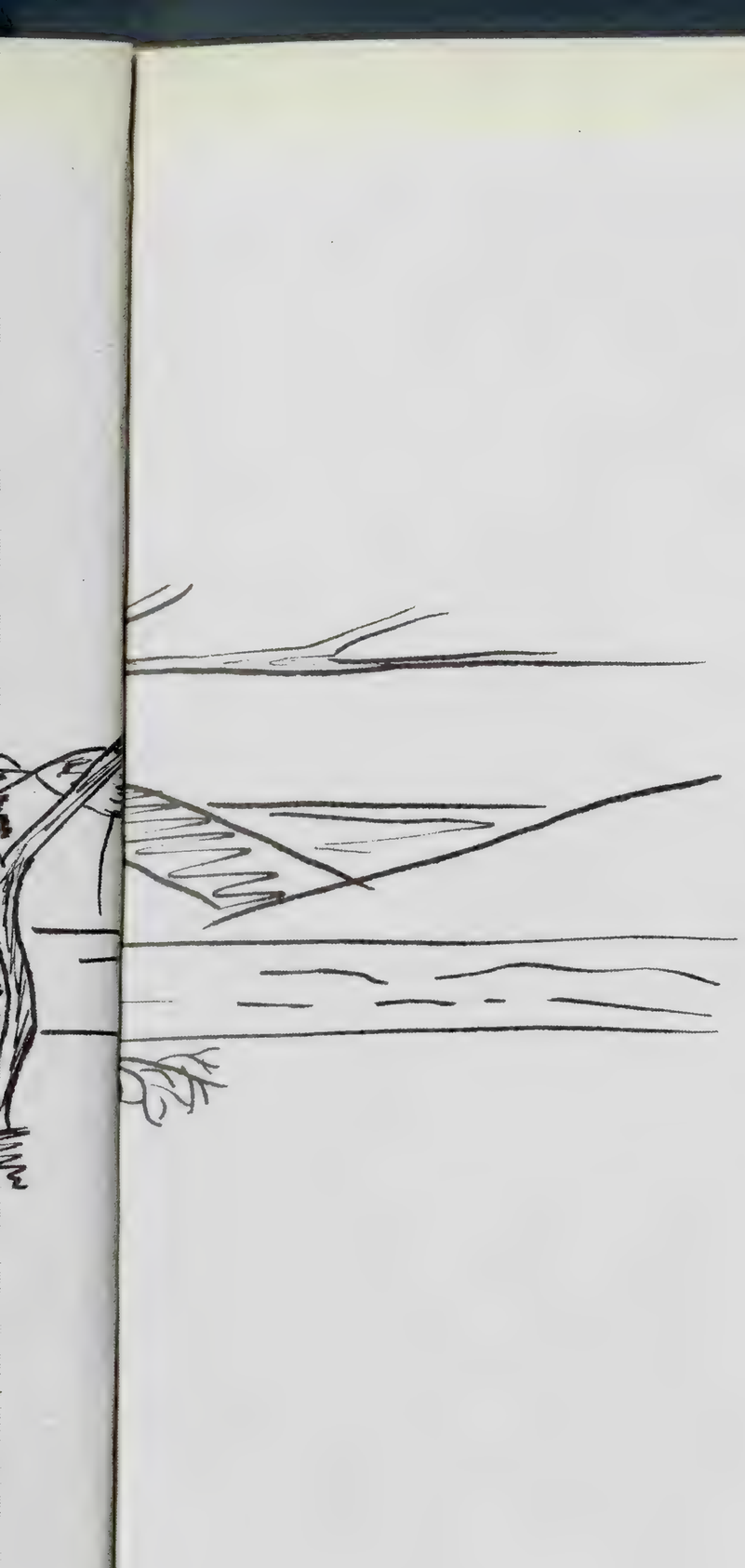
Recruitment 1, 2
Recreation 1, 2
Newspaper 1, 2, 3 Co-Editor 3
Judiciary 3
Treasurer Senior class 3
Business Committee of Yearbook 3

Annetta Louise Coles

This world we live in is mighty hard to beat.

Recruitment 2
Newspaper 1, 2
Co-Chairman of Raffle Committee 3
Judiciary 1, 3 Chairman 3
Nominating Committee 3
Glee Club 1, 3
Treasurer Student Organization 2
Executive Committee 2, 3
Yearbook Literary Committee 3

Ably assists the physician.



Karen Linda Collins

Not by years but by disposition is wisdom acquired.

Orthopedics is her specialty.

Newspaper 1, 2, 3
Recreation 1, 2
Recruitment 3
Rules and Revisions 3
Art Club 1
Yearbook Literary Committee 3

Esther Stein Coven

Life is but a span and I'll every inch enjoy.

Library 1, 2 Chairman
Newspaper 1, 2 Secretary 2
Glee Club 1, 2
Recruitment 1, 2
Nominating 1
Art Club 1
Rules and Revisions 2
Yearbook Literary Committee 3 Chairman

A surgeon's right hand.

Virginia DeMacedo (Mostow)

Kindness is the sunshine on which nature grows.

Skillful hands help build strong bodies.

Glee Club 1, 2
Newspaper 1, 3
Judiciary 3
Recruitment 1
Class President 2
Executive Committee 2
Nominating 2
Photography of Yearbook 3

Lynne Geller (Gottlieb)

We can never have too much of a good thing.

Glee Club 1, 2
Recreation 3
Freshman Class Treasurer
Junior Class Vice President
Photography of Yearbook 3 Co-Chairman

Helping in the emergency room.

Carol Garellick Goldblatt

We are born to inquire after truth.

Taking care of the little ones.

Art Club 1
Recruitment 1
Recreation 1
Judiciary 1
Junior Class Treasurer
Nominating 2, 3 Chairman 3
Executive 3
Photography of Yearbook 3

Diane Lois Howard

Love and faith are life's greatest joys.

Glee Club 1, 2
Library 2
Judiciary 2
Recreation 3 Co-Chairman
Recruitment 3
Business Committee of Yearbook 3 Chairman

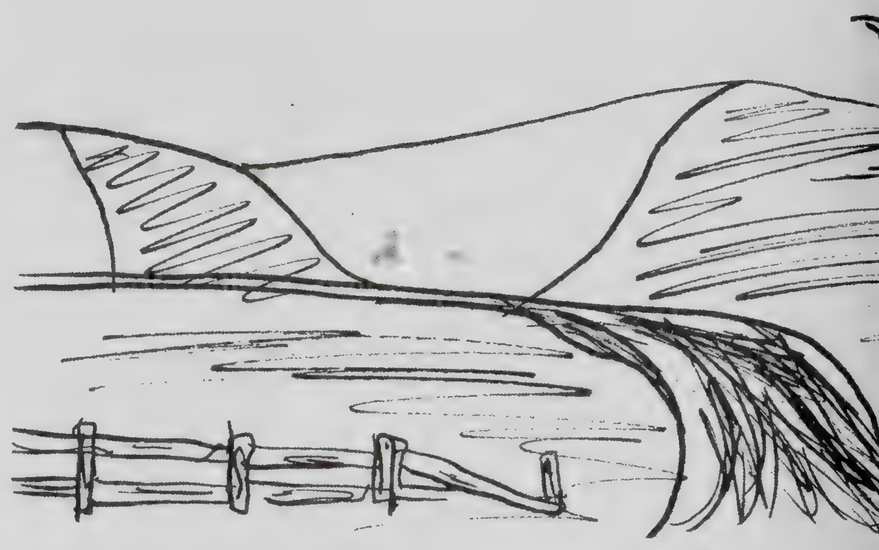
A woman's job is never done.

Barbara Ann Kaminskas

Be yourself if you want to be your best.

Nimble fingers await her task.

Recreation 1 Secretary
Glee Club 1, 2, 3
Library 3 Chairman
Executive 3
Raffle Committee 1
Rules and Revisions 2
Editor of Yearbook 3



Gloria Klemens (Andersen)

Sing away sorrow, cast away care.

Library 1, 2 Chairman 2
Recreation 1
Recruitment 1, 3
Glee Club 1, 2, 3
Judiciary Co-Chairman 2, 3
Second Vice-President of
Student Organization
Art and Layout of Yearbook 3

Sharing a proud moment.

Mary Ann Longo

A faithful friend is the medicine of life.

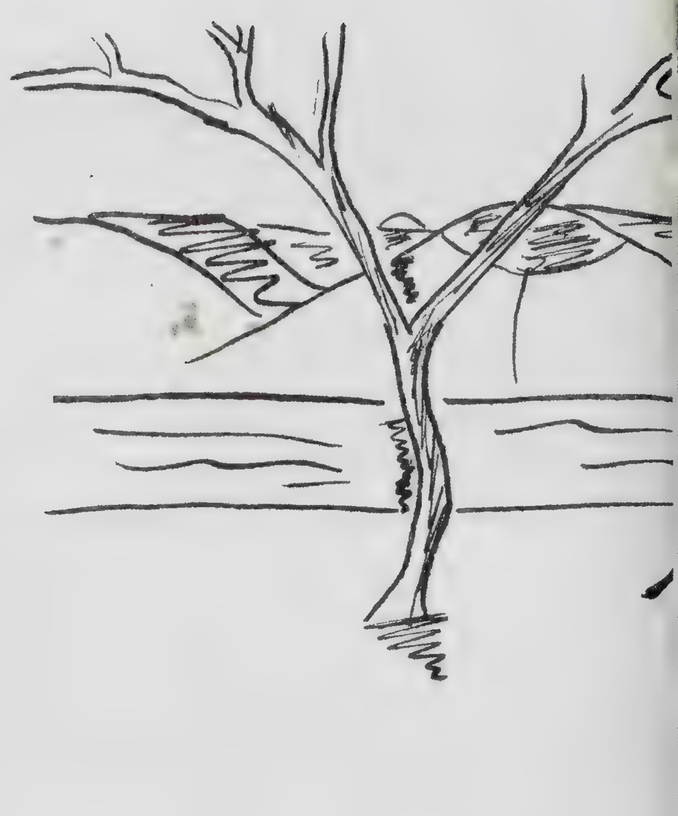
Watchful tending with T.L.C.

Library 1, 2 Co-Chairman 2
Recreation 1, 2, 3
Recruitment 1
Secretary Senior Class
Rules and Revisions 3
Business Committee of Yearbook 3
Photography of Yearbook 3 Chairman

Bette Iris Nadler

A good name is better than riches.

Library 3
Judiciary 2
Recreation 1, 2
Recruitment 1
Raffle Committee 1
Co-Editor of Yearbook 3



Dedicated to prolonging life.

Janice Adele Pfirman

And on the helm there rests a hand other than mine.

An able teacher.

Recruitment 1
Judiciary 2
Glee Club 1, 2
Rules and Revisions 3
Art and Layout of Yearbook 3

Sheila Reneé Ross

In the life of a young women the most essential thing for happiness is friendship.

Freshman Class President 1
Recreation 1, 2
Recruitment 1, 2
Rules and Revisions 2
Student Organization First Vice President 2
Student Organization President 3
Glee Club 1, 2
Nominating 3
Executive 1, 2, 3
Convention Delegate 2, 3
Art and Layout of Yearbook 3

Understanding is the key.

Marcia Duchin Schwartz

He that nothing questioneth, nothing learneth.

Enjoys caring for the small ones.

Glee Club 1, 2, 3
Recreation 1, 2
Recruitment 1
Newspaper 1
Nominating 2, 3 Co-Chairman 3
Art Club 1
Photography of Yearbook 3

Bernice Sara Shebses

Quick words is fanticies delight.

Art and Layout Yearbook
Co-Chairman 3
Newspaper 1, 2
Nominating Committee 1
Recruitment Committee 1
Art Club 1

July c. 1963

Dear Ruth,
Finally the
three years one
seem - The heart
aches. The tears,
the happy Times -
now I like my
Cohorts with
Love you
Love
Bernice

Minding the little ones.

Toby Gayle Stark

A southern belle under northern skies.

Listening to the flow of life.

Art Club 1
Glee Club 1, 2, 3
Newspaper 1, 3
Recreation 1, 2, 3
Recruitment 1
Rules and Revisions 2
Art and Layout of Yearbook 3 Chairman

Judith Wolf Szpekman

Nothing great was ever achieved without enthusiasm.

Recreation 1, 2, 3 Chairman 2, 3
Glee Club 1, 2, 3
Executive 2, 3
Newspaper 2, 3 Editor
Recruitment 1
Freshman class Secretary 1
District G Second Vice President 3
Literary Committee of Yearbook,
Co-Chairman 3
Photography of Yearbook 3

A good injection.

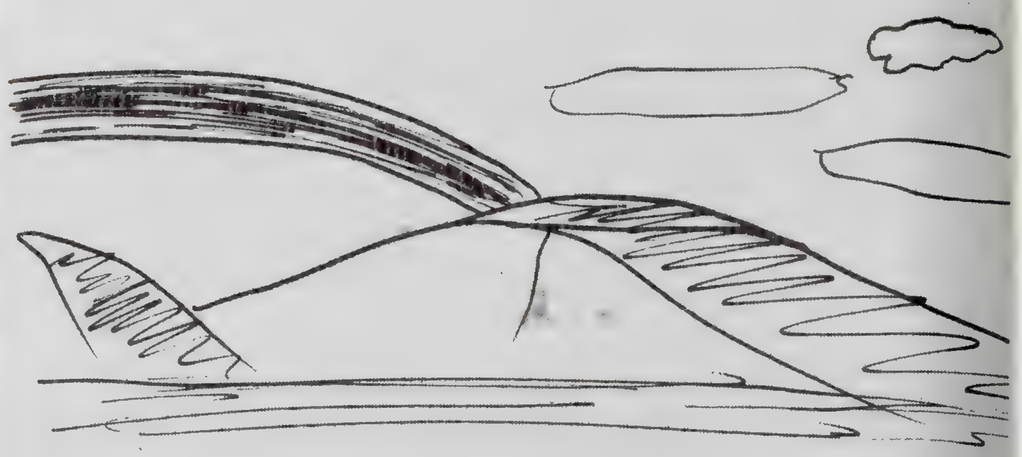
Dear Ruth.
Best of everything
to one of the cutest
"L. N.'s" I know.
Love.
Carol

Carol Ann Zelna

The most useless day of all is that in which I have not laughed.

Skillfully helps with the air conditioning.

Senior Class President 3
Executive 3
Rules and Revisions 2
Glee Club 1, 2
Business Committee of Yearbook 3



Mildred Alice Ziegler

Thought is deeper than all speech. Feeling deeper than all thought.

Recruitment 1
Art Club 1, 2
Glee Club 1, 2, 3
Rules and Revisions 3
Art and Layout of Yearbook 3

A good P.A. room nurse.

Yearbook Staff

BARBARA KAMINSKAS . . . Editor-in-Chief

BETTE NADLER . . . . . Assistant Editor

DIANE HOWARD . . . . Business Chairman

MARY ANN LONGO . . Photography Chairman

ESTHER STEIN COVEN . Literary Chairman

BERNICE SHEBSES . . . . Art and Layout Co-Chairmen

TOBY STARK . . . . . Art and Layout Co-Chairmen

Senior Class Officers

CAROL ZELNA . . . . . President

BARBARA FRANKEL . . . . . Vice-President

MARY ANN LONGO . . . . . Secretary

ARLENE CHERNOFF . . . . . Treasurer

The Way

WHAT WOULD HAPPEN IF . . .

SHIRLEY MEGGISON ALVAREZ ..... Ever made up her mind

CAROLE GOLDBLATT BECK ..... Lost weight

ROSALYN CHARNOFF ..... Didn't hurt her back

ARLENE CHERNOFF ..... Had permanent charge on 300

ANNETTA COLES ..... Missed breakfast

KAREN COLLINS ..... Lost her bottle of Clairol

ESTHER STEIN COVEN ..... Never went out with Dr. Coven

VIRGINIA DeMACEDO ..... Got Shorter

BARBARA FRANKEL ..... Didn't scratch her cornea

SAUNDRA PENCHANSKY FOX ..... Didn't have a T.V. to watch

LYNNE GELLER ..... Didn't like outdoor sports

CAROLE GARRELICK GOLDBLATT ..... Missed our first Halloween dance

DIANE HOWARD ..... Didn't like pediatrics

BARBARA KAMINSKAS ..... Didn't wash her hair 3 times a week

GLORIA KLEMENS ..... Didn't report people

MARY ANN LONGO ..... Learned to knit

BETTE NADLER ..... Gained her 72 lbs. back

JANICE PFIRMAN ..... Moved out on Ziegler

SHEILA ROSS ..... Didn't tease her hair

MARCIA DUCHIN SCHWARTZ ..... Got off 300

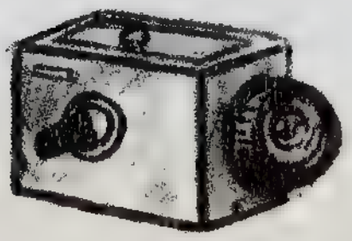
BERNICE SHEBSES ..... Got up when the alarm rang

TOBY STARK ..... Speeded up

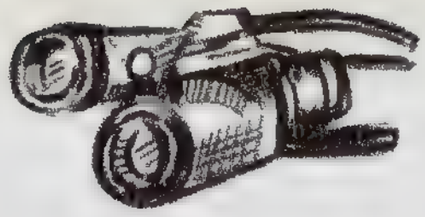
JUDITH WOLF SZPEKMAN ..... Got off the house phone

CAROL ZELNA ..... Had to go on a diet

MILDRED ZIEGLER ..... Gained weight



We Saw It



PET PEEVE	OFTEN HEARD SAYING	LEAVES
Problem solving	What am I gonna do?	Unsolved problems
Short nails	Tell Donny I'll wait downstairs	Little boy/girl pictures for the Junior class artist
The infirmary	See ya soon	Well
Subways	Where's your dues?	Good set of notes
Probies	It's quiet hours	"Available"
"300"	I got a letter today	Peroxide
Judiciary	This too shall pass	Her trips to the diner
Straight hair	Hi	Her curly hair
Locked doors	I hate any team that beats the Yanks	Blond
Surgery	. . . and, ah ladies . . .	High heeled nursing shoes
Skirts below the knee	For goodness sake	Curly hair for the unfortunate
Cooking	Where's Lynne?	High grades
Being far from home	Do you want to make soup?	30 lbs. to anyone who wants them
Untidy roommate	I'm so-oo tired	The Indianhead Pizzeria phone number
Slow people	I'm sick today	Her tissues
"Phonies"	Oh, cut it out	Room 1
Getting up in the A.M.	Have you seem my roomie?	Her glasses
Long trips home	Can it	All her money for some poor Junior
Sweaters	Hi, honey	Her teasing comb
Working nights	I'm sick of 300	Her old room
Clean rooms	Give me a cigarette	Her cigarette habit
Being rushed	What you doin?	Her empty T-bird
Dieting!	"If Jack calls . . ."	Her Spanish-English dictionaries
Getting up	I'm starved, I could eat a horse	Her frosting
Eating	I'm allergic to it	Blushing

Class History

Follow ev'ry rainbow

As we reach the top of our mountain, we can look back at each plateau with feelings of both joy and sadness. September 6, 1960 was the biggest step in the lives of forty-three girls who entered training with a dream—the dream of fulfillment and the joy of giving that only a nurse can know.

Our big sisters greeted us with open hands and a pair of white shoes for us to polish. We survived orientation week and especially enjoyed the delicious food at the annual picnic. Little did we know that this would lead us all to diets in our senior year.

We attended graduation and wore uniforms for the first time. It was quite difficult to tell if the class of '60 or the class of '63 were prouder. After all, we had spent the entire afternoon ironing our uniforms, in which we refused to sit.

The Halloween dance will long be remembered by Carol and Arnie. Roz attended also, but couldn't dance a step because her back still bothered her.

As the holiday season approached, we were working harder. The class schedule was heavier than ever, and remember all those new procedures? Now, just who was it that let the tripad melt in the bathtub?

Then one day it snowed, and snowed, and snowed. Our chemistry test was postponed, classes were cancelled, and we were turned loose all over the hospital. Private floors, ward floors, peds., and O.B.—we were all over. Poor Ginni was sent to seven where she almost attempted to kidnap little Woodrow Wilson Hughes. Esther and Sandy were seen operating the switchboard, while Lynn was making formula. Karen, down in emergency, assisted with suturing a girl's arm.

The Christmas-Chanukah party brought us another step closer to our ultimate dream. There was also the party given by Mrs. Hodges' junior students and individual parties in the residence. The wards took on a holiday mood as we helped to decorate them with symbols of the two most prominant religions. Our classmates were really enjoying themselves as food took a major role in our festivities.

Then came the first whole week that we spent working. Who could ever forget Diane who took two hours preparing Pen. and Strep? Toby had trouble

till you find your dream!

with her first P.V.D. dressing because the patient was constantly hiding the necessary bandages.

This half-a-year sped by and our first big plateau approached. With heads held proudly, a song in our hearts, and tears in our eyes, we received our caps. Our only regret is that we are still waiting for Mrs. Amos to skate down the corridor between 200 and 201.

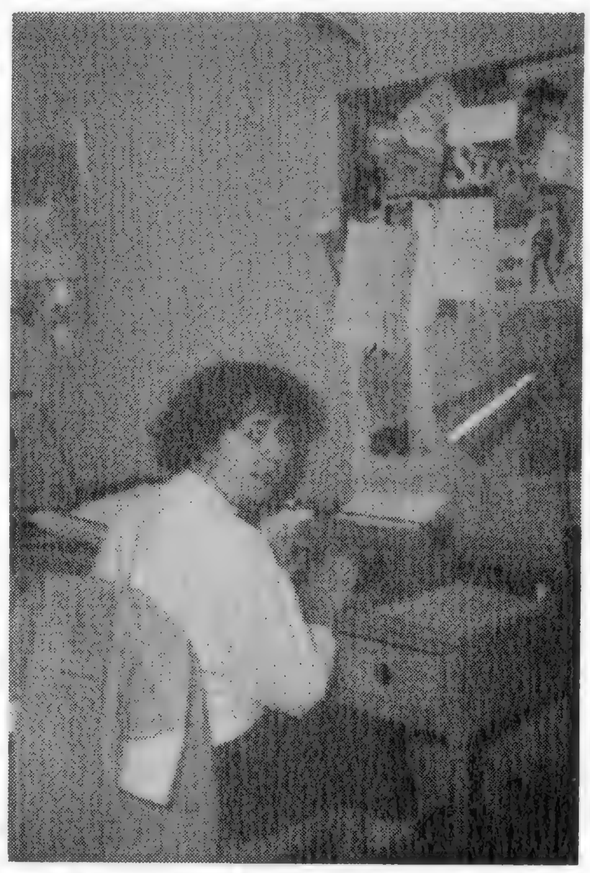
The rest of the year was quickly over, and we found ourselves with blue bands and little sisters. Specialties separated us. At Greystone, Marcia was observed coming off duty with footprints on her pinafores. Meanwhile, back at Beth, Barbara was surprised when Betty spilled a full container of chocolate milk all over her room. Up on ten, Annetta was known as "quick prep" Coles. Goldblatt was one of the first to help in delivery.

Senior year, our last big step was suddenly here, and with it came the diet brigade. Changes were seen everywhere. Frankie still attended judiciary meetings, but this time as a club member. Millie and Janice were the only seniors left on the third floor. Klem was enforcing the rules of judiciary while Sheila as student organization president was doing a great job. Bernice was nominated as the best barber by her patients on 301. Accidents happen even with experience, and Wolfie had to change suddenly one day after the bedpan hopper emptied on her. Zel, resting during her lunch period one afternoon, was slightly late reporting back on duty. Mary Ann was given the important job of organizing the photos for The Bethian. While attending the classes that united us once more, Arlene found time to dye her hair. Public health nursing, a challenge to all, found Shirley ending up in a dental supply company instead of St. Casmir's school.

Evenings, nights, senior dance, abolishment of late supper, engagements, new instructors, head nurse duties, black bands, senior pictures, NLN's, have marked our trail onward.

The climb is over. The final step has been taken, and the peak has been reached. The trials, accomplishments, and laughter of student days are now over. Our paths are separate, but our pride the same, and everytime we don our whites we will have the special joy of knowing that we earned the right to be a Beth graduate.

A dream that will need---all the love you can give



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Ev'ry day of your life for as long as you live.

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